

RECORD OF ATTENDANCE AND SCREENING AT CONSTANTIA BOWLING CLUB

Complete this form before you begin your journey to the club. If you have a thermometer at home (highly recommended) take your temperature (keep an oral thermometer under your tongue for one minute). If you answer Yes to any of the questions below or your temperature exceeds 37.5° on two occasions, 5 minutes apart, cancel your booking, contact your doctor or call the Covid virus help line (0800 02 9999).

Once at the club, enter your temperature reading provided by the Duty Officer in the space provided below, using your own pen, and place the form in the tray placed next to you.

Date : / / 2020

Green: Rink:

First Name	
Surname	
Phone	
E Mail	
Residential address	
Contact person & Contact number	

In the previous days have you had any of the following symptoms (Circle Y or N)

A cough	Y / N
Sore throat	Y / N
Shortness of breath (or difficulty in breathing)	Y / N
Fever/chills	Y / N
New body aches	Y / N
Unexpected redness of eyes	Y / N
Loss of smell or taste	Y / N
Recent onset of fatigue/weakness/tiredness	Y / N
Recent onset of dizziness and/or headache	Y / N
Nausea, vomiting, diarrhoea	Y / N
Have you been exposed to anyone with Covid-19 in the last 14 days?	Y / N
Have you been diagnosed with Covid-19 in the last 14 days?	Y / N
Temperature	

It is well documented that persons over the age of 60 and those with one or more comorbidity are the most vulnerable to the COVID-19 virus and our plea to each and every one is to take your personal circumstances into account before you venture out into an environment that could be to the detriment of your own health.